AMAR SHAHEED BABA AJIT SINGH JUJHAR SINGH MEMORIAL COLLEGE, BELA (ROPAR) Pb.

Women cell

(2014-2019)



She gives a way to come on earth

She gives a way to see the earth

She is power

She is the heaven

Who gives us birth?

She is the woman.....

Women cell Report

Welcome to the women cell of the ASBASJSM College, Bela, where young women are groomed to face all the challenges of life with their head held high. Our college has established a women cell in the college with the aim to empower girl students, to sensitize all issues related to the women, both students and faculty and to make the college campus a safe place for women, students and faculty members. Our cell provide a platform to young women to voice their thoughts and opinions and share their views and experiences. Our cell helps the young women to improve their personality so that they perform well in diverse fields.

The women cell has been very active in working towards gender sensitization and empowerment of our young women. Aiming at social and intellectual upliftment of the female students, the cell stands for facilitating women's empowerment through guest lectures, seminars, awareness programmes on gender sensitivity, health and hygiene and other welfare activities.

Besides these, the cell conducts events, such as mehndi competition, pehrava pardarshani, poster making, best out of waste, flower arrangement and salad making etc. The ultimate aim of the women cell is to prepare our young women as an active fusion of tradition and modernity. Also, if the students face any type of harassment, then they can complain at our women cell. The members will look into the issues, gather the evidence and take necessary action against the guilty.

Mission: The women cell shall strive to create a better and just society by empowering women in the rural area.

Vision: To make the cell a unique platform for the development of its members by providing them opportunities to contribute towards the betterment of the society.

Objectives of Women's Cell:

- 1. To create an environment of gender justice where men and women study and work together with a sense of personal security and dignity.
- 2. To make the girl student feel safe and sound in and around the college campus.
- 3. To create awareness about the rights and laws related to welfare of women.

- 4. To create social awareness about the problems of the women and regarding gender discrimination in particular.
- 5. To provide a healthy study and work culture in the college.
- 6. To develop and enhance the self-confidence and self-esteem of girl students, women faculty and staff in the college i.e., to develop multi-disciplinary approach for the overall personality development.
- 7. To develop critical thinking ability of women students.
- 8. To enhance their participation on an equal footing in all areas.
- 9. To organize workshops, seminars relater to women development.
- 10. To highlight the importance of health and hygiene.

Responsibilities of women cell

- > Women cell help to maintain a harmonious atmosphere at the institute.
- > It helps the women to pursue their work with dignity.
- > Its main responsibility is to stop gender discrimination.
- > It provide platform for listening women complaints.
- > Its responsibility to aware all the women regarding their rights.

Composition of Women cell

- 1. Dr. Satwant Kaur Shahi (Convener)
- 2. Dr. Surjit Kaur
- 3. Prof. Ramanjeet kaur
- 4. Prof. Jaspreet Kaur
- 5. Prof. Ramandeep Kaur
- 6. Prof. Sandeep Kaur

Report of past years

Session 2014-2015

In session 2014-2015, women day was celebrated in our college on 10th march 2014. On this special occasion of women day Miss Avneet kaur (PCS) SDM Shri Chamkaur Sahib came as a chief guest. The college Principal Prof. Surmukh Singh welcomed the chief guest and about the

importance and status of women in our society. After that convener of the women cell Dr. Satwant Kaur Shahi addressed about the contribution of women in all sectors of society.

Activities:

- Seminar on National rural health mission and vaccination held on 5th may 2014 in seminar hall of our college.
- 8 students of our college participate in the Pehrava Pardarshni competition. Prabhjit Kaur got first position in this event. Amandeep Kaur got 2nd position.
- Students participated in debate competition on the topic "Women reservation in India".
- Women cell also organized Blood donation camp in college campus.

Session 2015-2016

In session 2014-2015, women day was celebrated in our college on 8th march 2014. The college Principal Prof. Surmukh Singh congratulated the faculty members on this special occasion of women day. The convener of the women cell addressed about the importance of women education. Various competitions were organized in the college campus.

Activities:

- Organized "poster making competition" on women issues and female foeticide.
- Organized Rangoli making, Mehendi competition and Essay writing competition on "Health of Women" in the college.
- Winner students of various competitions were honoured.

Session 2016-2017

In session 2016-2017, women day was celebrated on 8 march 2017. On this celebration Superintendent of Police Surinderjit Kaur (Asian gold medalist) came as a chief guest. On this day women cell convener Dr. Satwant Kaur Shahi told the importance of Women day. Prof. Mamta Arora discussed about those women who achieved their goals from the ground level and got famous. Dr. Harpreet Kaur and Prof. Balpreet Kaur also shared their views. Finally name of the winners of various activities were announced and honoured.

Activities:

- 7 girls of our college participated in "Mehendi competition". Deepali got first postion and Harpreet Kaur got second position in this competition.
- Students of our college participated in "Eassy Writing competition" organized by Punjabi and English department of our college. Harleen Kaur got 1st position while Jyoti got 2nd position.

- Our students also participated in "Best out of Waste" competition. These activities encourage the students to reuse the things and can contribute to control the pollution. In this event Harleen Kaur got 1st position while Sandeep Kaur got 2nd position.
- We also organized "poster making competition". 10 students participated in poster making competition with Theme "women in the changing World of Work'. Amandeep kaur got 1st position and Rimpi got 2nd position.
- Conducted Seminar on gender equality.

Session 2017-2018

In our college International Women day was celebrated on 8th March 2018. On this occasion Essay writing competition, Mehndi competition and poster making competition were held in seminar hall of the college. College Principal Prof. Surmukh Singh welcomed Chief Guest Mrs. Kavita Walia, chief manager State bank of India, Ropar branch. Women Cell Convener Dr. Satwant Kaur Shahi told us the figures related to women crime in India with power point presentation. Women cell member Prof. Ramanjeet Kaur shared her views about new born baby girl scheme in which govt. issued a name plate on the name of her daughter. The college managing committee secretary S. Davinder Singh Jattana addressed the audience about Mary Kom and Gulab Kaur (worker of Gadar party) and told that women are not weak. Dr. Harpreet Kaur (HOD Punjabi Department) recited a poem.

Activities:

- Students participated in "Eassy Writing" competition held by Punjabi department of our college. Rupinder kaur (M.Sc. Math-1) got 1st position while Rupinder Kaur (B.B.A-IInd) got 2nd position.
- Girls of our college participated in "Mehendi competition".
- We organized poster making competition with the theme "Time is Now: Rural and urban activists transforming Women's lives".
- Poem Recitation was also held on that day.

Session 2018-2019

Amar Shaheed Baba Ajit Singh Jujhar Singh memorial college Bela, organized international women's day on 8th March. It was inaugurated by gynecologist Dr. Jasleen Kaur Mavi of government hospital, Sri Chamkaur sahib. Principal Surmukh Singh welcomed Chief Guest Dr. Jasleen Mavi and discussed about the history of international women's day. Dr. Jasleen Kaur Mavi discussed about the women diseases. She also gave information regarding breast cancer, uterus cancer and anemia. She encouraged the girls to take care of their health and body and also made aware of microbial diseases. Dr. Parvinder Kaur gave information about jobs fields for women in different sectors. Dr. Harpreet Kaur beautifully recites a poem regarding the

contribution of Bibi Bhani ji toward Sikhism. Convener of women cell Dr. Satwant Kaur Shahi told importance of women and contribution of women in our country.

Activities:

- We organized poster making competition on the theme "Be bold for Change". Harmanjot Kaur got 1st position, Khushboo got 2nd position.
- 10 girls of our college participated in "Mehendi competition". Simranjeet Kaur (B.Sc-N.M- 3rd) and Simranjit Kaur (B.com-2nd) got first position and Ruchika Joshi (B.Com-1st) and Mandeep Kaur (M.Sc. Math-2nd) got second position in this competition.
- Our students participated in "Best out of Waste" competition. Our women cell also encourage the student to reuse the things. In this event Anjali Sharma, Amandeep Singh, Prabjot Singh (B.Com-1st) got 1st position while Neeraj Sharma, Pooja Devi (M.Sc. Math 2nd) got 2nd position.
- Rangoli competition was organized on women's day. Simranjit Kaur and Harjasmine Kaur from B.Sc. (N.M-1st) got first position. Pooja Kumari, Jaspreet Kaur (M.Sc. Math 1st) got 2nd position.
- One day Workshop on health and Wellness.
- Hold Rally on National girl's day on 24th Jan., 2019.
- Conducted Pulse polio Programme with the help of Govt. Hospital, Sri Chamkaur Sahib.

Glimpses of Women cell activities











ਬੇਲਾ ਕਾਲਜ ਵਿਖੇ ਵਿਸ਼ਵ ਮਹਿਲਾ ਦਿਵਸ ਮੌਕੇ ਮੁੱਖ ਮਹਿਮਾਨ ਡਾ. ਜਸਲੀਨ ਮਾਵੀ, ਪ੍ਰਿੰ. ਸੁਰਮੁੱਖ ਸਿੰਘ, ਸਟਾਫ ਮੈਂਬਰ ਤੇ ਵਿਦਿਆਰਥੀ।

ਅੰਤਰਰਾਸ਼ਟਰੀ ਮਹਿਲਾ ਦਿਵਸ ਮਨਾਇਆ

ਇੰਦਰਜੀਤ ਸਿੰਘ ਖੇੜੀ, ਬੇਲਾ

ਸਾਵਾਨ ਕਸਾ ਰਸਨ ਕਰਕ ਕਤਾ ਪ੍ਰਸਾਖ਼ਨ ਸਿੱਖ ਦਾ ਰੱਖਣ ਲਈ ਪ੍ਰਾਰਣ ਕਰਾਂ 13ਾਂ ਸਾਹਿਦਾ, ਰਗਲਾ, ਪ੍ਰਸਟਰ ਸਾਂਕਰਾ, ਬਸਟ ਬਰਮੁੱਖ ਸਿੰਘ ਨੇ ਡਾ. ਜਸਲੀਨ ਮਾਵੀਂ ਨੂੰ ਪਰਵਿੰਦਰ ਕੌਰ ਨੇ ਆਪਣੇ ਸੈਬੋਧਨ ਵਿਚ ਆਉਣ ਆਫ ਵੇਸਟ ਦੇ ਮੁਕਾਬਲੇ ਕਰਵਾਏ ਕਾਲਸ ਪਰੁਬਣ 'ਤੇ ਜੀ ਆਇਆ ਕਿਹਾ ਅਤੇ ਦੱਸਿਆ ਕਿ ਇਸਤਰੀ ਕਿਹੜੇ ਕਿਹੜੇ ਕਿਹੜੇ ਖੇਤਰਾਂ ਗਏ। ਜੇੜ੍ਹ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਡਾ. ਜਸਲੀਨ ਅੰਤਰਰਾਸ਼ਟਰੀ ਮਹਿਲਾ ਦਿਵਸ ਦੇ ਇਤਿਹਾਸ 'ਚ ਆਪਣਾ ਭੁਜ਼ਗਾਰ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੀ ਮਾਵੀ ਨੇ ਇਨਾਮ ਤਕਸ਼ੀਮ ਕੀਤੇ। ਇਸ ਮੌਕੇ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿਇਆ ਅੱਜ ਦੀ ਇਸਤਰੀ ਹੈ। ਹਿਇਸ ਮੌਕੇ ਡਾਹਰਪ੍ਰੀਤ ਕੌਰ ਨੇ ਬੀਬੀ ਡਾਨੀ ਡਾ. ਬਲਜੀਤ ਸਿੰਘ, ਪ੍ਰੋ ਮਨਪ੍ਰੀਤ ਕੌਰ, ਪ੍ਰੋ

ਦਿੱਤੀ। ਡਾ.ਜਸਲੀਨ ਮਾਵੀ ਨੇ ਮਹਿਲਾਵਾਂ ਸ਼ਾਹੀ ਨੇ ਇਸਤਰੀ ਦਿਵਸ ਦੀ ਮਹੱਤਤਾ ਨੂੰ ਨੂੰ ਪੇਸ਼ ਆਉਣ ਵਾਲੀਆਂ ਬਿਮਾਰੀਆਂ ਬਾਰੇ ਦੱਸਦੇ ਹੋਏ ਕਿਹਾ ਕਿ ਇਸਤਰੀ ਦਾ ਸਮਾਜ 'ਚ ਦੇ ਪਿਰਦੇ ਸ਼ਾਹਿਰ ਸਾਂਸ਼ ਦਾ ਵਸਤਰਾਂ ਦਾ ਸਾਰੇ ਸ਼ਹਿਰ ਕਰ ਨੇ ਕਿਹਾ ਹੈ ਕਿ ਸਾਰੇ ਦਾ ਕਰਗਾ ਹੈ ਕਿ ਕਰਗਾ ਹੈ ਕਿ ਸ਼ੁਰੂ ਸਰਕਾਰ ਕਰ ਕਰ ਨੂੰ ਚੇਗੀ ਸਿੱਖਿਆ ਪ੍ਰਾਪਤ ਕਰਕੇ ਆਪਣੇ ਦੀ ਸਿੱਖਧਰਸ ਨੂੰ ਦੇਵ ਕਰਤਾਰੀ ਸੁਰਥ ਸ਼ਬਦਾਂ ਰਸਨਦੀਪ ਕੋਰ, ਰਮਨਜੀਤ ਕੋਰ, ਪ੍ਰੋ. ਜਸਪੀਤ ਪੈਰਾ ਉੱਤੇ ਖੜ੍ਹੇ ਹੋਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾਂ ਵਿਚ ਕਵਿਤਾ ਦੇ ਰੂਪ ਵਿਚ ਪੇਸ਼ ਕੀਤੀ।ਕਾਲਜ ਕੋਰ ਪ੍ਰੋ ਦੀਸ਼ੁ ਬਾਲਾ ਸਮੇਤ ਸਮੂਹ ਸਟਾਫ ਅਤੇ ਅਤੇ ਇਸ ਮੌਕੇ ਮਹਿਲਾ ਦਿਵਸ ਦੀ ਵਧਾਈਂ ਦੇ ਇਸਤਰੀ ਸੈੱਲ ਦੇ ਮੁਖੀ ਡਾ ਸਤਵੰਤ ਕੋਰ ਵਿਦਿਆਰਥੀ ਮੌਜੂਦ ਸਨ।

ਨੂੰ ਪੇਸ਼ ਆਉਣ ਵਾਲੀਆਂ ਬਿਮਾਰੀਆਂ ਬਾਰ ਦਸਦੇ ਹੋਏ ਕਿਹਾ ਕਿ ਇਸਤਰੀ ਦਾ ਸਮਾਜ 'ਚ ਅਮਰ ਸ਼ਹੀਦ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੁਝਾਰ ਸਿੰਘ ਸੇਸੋਰੀਅਲ ਕਾਲਜ ਬੋਲਾ ਵਿਖੇ ਐਤਰਰਾਸ਼ਟਰੀ ਸੇਸੋਰੀਅਲ ਕਾਲਜ ਬੋਲਾ ਵਿਖੇ ਐਤਰਰਾਸ਼ਟਰੀ ਸੈਸੋਰੀਅਲ ਕਾਲਜ ਬੋਲਾ ਵਿਖੇ ਐਤਰਰਾਸ਼ਟਰੀ ਸੁੱਠੇ ਛਾਤੀ ਅਤੇ ਬੱਚੇਦਾਨੀ ਦੇ ਕੈਸਰ ਅਤੇ ਲਈ ਅੱਜ ਦੀ ਇਸਤਰੀ ਨੂੰ ਆਪਣੇ ਆਪ ਨੂੰ ਸਿਹਿਸ਼ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਜਿਸ ਦਾ ਅਨੀਮੀਆਂ ਬਾਰੇ ਵੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਇਨਾ ਤ ਯੋਗ ਬਣਾ ਲੈਣਾ ਚਾਹੀਦਾ ਹੈ ਤਾ ਜੋ ਉਦਘਾਟਨ ਸਰਕਾਰੀ ਹਸਪਤਾਲ ਚਮਕੌਰ ਨੇ ਕੀਟਾਣੂਆਂ ਤੋਂ ਉਤਪੰਨ ਹੋਣ ਵਾਲੀਆਂ ਸਾਹਿਬ ਦੀ ਗਾਇਨਾਕੋਲੀਜਿਸਟ ਡਾ.ਜਸਲੀਨ ਬਿਮਾਰੀਆਂ 'ਤੇ ਸਰੀਰ ਦੀ ਸਾਂਡ ਸੰਡਾਲ ਤੇ ਸਾਵੀ ਰੇ ਸ਼ਮਾਂ ਰੋਸ਼ਨ ਕਰਕੇ ਕੀਤਾ। ਪ੍ਰਿਸਿਟ ਸ਼ਾਹਰ ਸਿੱਕਰਾ, ਬੈਸਟ